

Glossary

Terms and Acronyms Used

ADLs: Activities of Daily Living	ADLs include bathing, dressing, eating, toileting, ambulation, transfers, changing positions in bed, personal hygiene, and grooming (shaving, oral care, shampooing, and nail care), bladder and bowel requirements, routine catheter care and routine colostomy care.
DHHS	Department of Health and Human Services
DLRS	Division of Licensing and Regulatory Services
DOE	Department of Education
IADLs: Instrumental Activities of Daily Living	IADLs include the performance of incidental household tasks essential to the activities of daily living or to the maintenance of a member’s health and safety within the assisted living facility, such as meal preparation, laundry, bed-making, dusting and vacuuming of the member’s unit.
MBM	MaineCare Benefits Manual
MOU	Memorandum of Understanding: a bilateral or multilateral agreement between two or more parties. It expresses a convergence of will between the parties, indicating an intended common line of action.
OADS	Office of Aging and Disability Services
SAMHS	Office of Substance Abuse and Mental Health Services
SCA	Service Coordination Agency. SCA is an organization that has the capacity to provide Care Coordination, Supports Brokerage and Skills Training to eligible members pursuant to the MaineCare Benefits manual, and has met the MaineCare provider enrollment requirements of the Department.

**For more information on the Maine Direct Service Worker Training
Program, please visit our website:**

<http://www.maine.gov/dhhs/mainedirectserviceworker/index.shtml>