

Family Provider Service Option FPSO



TRAINING REQUIREMENTS

- Be at least 21 years old
- Complete the 50-hour PSS training program

Description of FPSO

Family Provider Service Option (FPSO) is a self-directed option for an individual 21-years or older receiving certain MaineCare and state services (through OADS) to register as a Personal Support Specialist (PSS) agency to manage his/her own service from up to two adult family members. A family member becomes the person's Personal Support Specialists (PSS) to provide hands-on assistance, providing services related to his/her physical requirements for assistance with Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs), including health maintenance activities, which must be activities the family member would otherwise be able to do if physically or cognitively able. The FPSO submits time sheets to and gets paid through a fiscal agency.

FPSO Work Settings and Populations Served

- Works with older adults and persons with disabilities
- Can work in a residential setting or in a person's home

Hiring Requirements

A person may not be hired as a FPSO if that person has ever been:

- Convicted of a crime involving abuse, neglect or misappropriation of property in a health care setting
- Worked as a CNA and is the subject of a complaint involving abuse or neglect or misappropriation of property- if the complaint was substantiated by the Maine Department of Health and Human Services and entered on the CNA Registry
- Convicted within the last 10 years for sexual misconduct, or abuse, neglect or exploitation in a setting other than a health care setting
- Convicted within the last 10 years for a crime that was punishable by 3 or more years in prison

CAREER PATHWAY

A person who is certified as a FPSO can move into the following positions with additional education:

Health Services:

- CRMA
- Home Health Aide
- CNA
- CNA - M
- LPN
- Medical Assistance
- Nursing Degree

Human Services:

- MHRT-1
- DSP
- CIPSS
- MHRT-C